

ChatAdamG: October Newsletter

By Adam Gutbezahl on October 8, 2025



October's ChatAdamG newsletter is here! In this issue, **Adam Gutbezahl** highlights some of the latest headlines where employment law meets AI, including:

- A new white paper on ChatGPT's use across the workforce, and how employees are using it
- The rise of "Shadow AI" in the workplace
- Litigation tied to mental health and teens' use of generative AI

Whether you're in HR, running a business, or just curious about how AI is reshaping work, you'll find helpful takeaways for staying ahead of the curve. **[Check out the full issue here.](#)**

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