

ChatAdamG: January Newsletter

By Adam Gutbezahl on January 13, 2026



As we head into 2026, one thing is clear: AI is no longer a future-of-work issue, it's a present-day one. In the latest edition of ChatAdamG, **Adam Gutbezahl** looks at how quickly AI is reshaping the workforce, and the legal questions following close behind.

From new data showing how frequently teenagers are already using AI chatbots, to litigation over AI notetakers in virtual meetings, to the growing gap between how workplaces and universities approach AI adoption, there's a lot for employers to be thinking about. And as always, the joke and song of the month!

[Check out the full issue here.](#)

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